



An e-magazine Honoring FQHC Excellence in New Jersey

Community Health

**National Health
Center Week**

Highlighting
NJ CHCs

**CELEBRATING
WOMEN'S HEALTH!**
NJPCA's 13th Annual
Luncheon

**Day at the
Capitol**
Reinforcing Our
Legislative
Partnerships

September 2017

Letter from the President & CEO

Greetings Friends:

Hope this issue makes you feel like you were celebrating with us at the National Health Center Week. Congratulations to all the Center teams, patients, and staff for making the week a success! A special thanks to Joan Dublin and her team at Metropolitan Health Network for a great kickoff. My Kick-off remarks are provided below:

NJPCA stands for Our Community, Your Health, Our Commitment. We are the collection of FQHCs that supports and advocates for the Health Centers in New Jersey. I am honored to recognize their exceptional work during National Health Center Week. Whether it is a young student in Camden who gets an immunization shot for the school, a 17-year old teenage girl from Burlington who has a cavity in every tooth, or a 91-year old woman from Newark who gets dentures for the very first time—These folks have a place to go.-- FQHCs provide patients with healthcare security, peace of mind—which is the knowledge and assurance that they can receive healthcare and that they can afford it. Because of this healthcare security, FQHCs enable dreams to come true.

You know our Community Health Center movement is more than 50 years old and we've come a long way from rural Mississippi and the housing projects of Boston where the first Health Centers were established. There are over 4,000 Centers nationwide today, with 23 Centers and 129 sites of care in New Jersey. These Health Centers are down the block, in your neighborhood or town and operate on farms throughout New Jersey. There are people in this audience who work at these health centers, they are the quiet heroes who have dedicated their lives to making life better for the people they serve.

New Jersey, over half a million people receive this special brand of meaningful care, it is: culturally sensitive, high quality in primary medical, dental and behavioral healthcare. FQHCs offer services such as health education, care management, translation, eligibility assistance, transportation, and after-hours coverage. FQHCs were the original innovators of contemporary healthcare with sliding fee scales, ongoing quality assurance plans and governing board of directors with actual patients as Board members. Centers across New Jersey continue to innovate while they provide accessible, cost efficient quality care.

Thank you to the patients who trust and believe in their community health Center. Thank you to all the CEOs, administrative folks, doctors, nurses, billers, front desk personnel, social workers, and countless others who keep community health centers operational and patients healthy. I believe that FQHC patients could grow up to be a member of congress, captains of industry or the President of the United States of America; Community Health Centers enable dreams, save lives and provide a safe, supportive environment for people who are working hard for a better life. Happy National Health Center Week!

Sincerely,
Jillian Hudspeth
NJPCA President & CEO



NJPCA Community Health

Jillian Hudspeth, JD
President and CEO

Kelsey McMillen, MA
Program Coordinator



Ocean Health Initiative's President and CEO, Dr. Theresa Berger; Former NJ Governor Jim McGreevy; Southern Jersey Family Medical Center's President & CEO Linda Flake



NJPCA Team at National Health Center Week Kickoff in Jersey City



Metropolitan Family Health Network's President & CEO Joan Dublin

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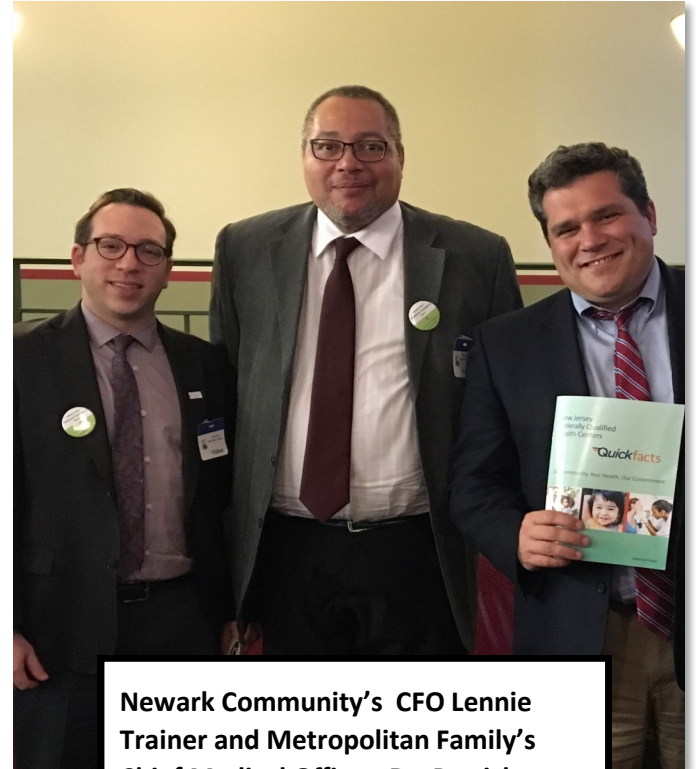
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Health Centers Storm



Metropolitan Family's Chief Medical Officer Dr. Patrick Beaty, Assemblywoman Angela McKnight, and Monmouth Family's COO Bill Arnold



Newark Community's CFO Lennie Trainer and Metropolitan Family's Chief Medical Officer, Dr. Patrick Beaty, meet with Assemblyman Nicholas Chiaravalloti

On May 18th, NJPCA members from across the state went to Trenton, and filled the offices and hallways in New Jersey State Capitol to advocate for our Community Health Centers also known as Federally Qualified Health Centers (FQHCs). Members were able to meet with legislators to discuss the needs of patients in their communities and share their concerns regarding budgetary changes in the Uncompensated Care allocation for FQHCs.

Centers shared budget concerns so that legislators could understand the impact on Health Center efforts to provide patient first, high quality of care in the most cost efficient manner possible.



Henry J. Austin's CEO and Chief Medical Director, Dr. Kemi Alli, and COO Renee Haynes

Brain Builder



Just as hospitals have the Charity Care Fund for uninsured patients, Federally Qualified Health Centers have the Uncompensated Care Fund for their uninsured patients so they can receive care regardless of their ability to pay. The Fund provides for reimbursement of services and allows Centers to serve the most vulnerable in the state. There are now 131 licensed sites throughout the state. The Uncompensated Care Fund is provided for in the State Budget each year through the Department of Health each year.

the State Capitol

Cover



VNA CJ's CEO Dr. Kristine McCoy, Senator Joseph Kyrillos, Jr., Henry J. Austin's CEO and CMO Dr. Kemi Alli, CHEMED's Rikvy Rosenberg, and Henry J. Austin's COO Renee Haynes.



OHI's Chris Olleamar, JRF's Peter Valez, OHI's Dan Foglia, OHI's Warren Sherard, NJPCA's Jillian Hudspeth, Legislative Staff, CAMcare's Mark Roberts, CAMcare's Dr. Tonya Cook, and JRF's Dr. Nidhil Khurana.

Centers Shine

Zufall's Doctor Kotler Shines Bright



Zufall's President & CEO Eva Turbiner and Dr. Amy Kotler

In June, Zufall Health Center's Dr. Amy Kotler was honored as an Individual Clinician Hero at the Population Health Summit for her pediatric program, Andale ("Let's Go in Spanish"). The Population Health Summit is sponsored by the Department of Health.

Dr. Kotler's program helps to reduce the risk of juvenile diabetes in the Latino Community, providing education and assistance with compliance. Congratulations to Zufall for providing a successful program that makes patients healthier.



Image Source: CompleteCare

In early July, CompleteCare Health Network kicked off their summer Dental Days of Kindness Program. The Summer Dental Days of Kindness Program is offered at their new Glassboro site to promote the newly expanded dental site. CompleteCare opened their expanded dental location earlier this year, growing in size from four dental chairs to ten.

Throughout July, CompleteCare teams engaged the Glassboro community by surprising people with quality of life giveaways such as gift cards for coffee or groceries, quarters for the laundromat, umbrellas, toothbrushes, and many others items.

CompleteCare Brings Smiles to Glassboro



aetna

AETNA BETTER HEALTH® OF NEW JERSEY



Level Up Healthcare Change Ready

**Harrah's Resort
Atlantic City, New Jersey
September 27-28, 2017**



Good Health & Stylish Hats: 13th Annual Luncheon Celebration



Ms. Ernestine Shepherd



The Center CEOs and Honored Luncheon Speakers at the 13th Annual Women's Health Luncheon.

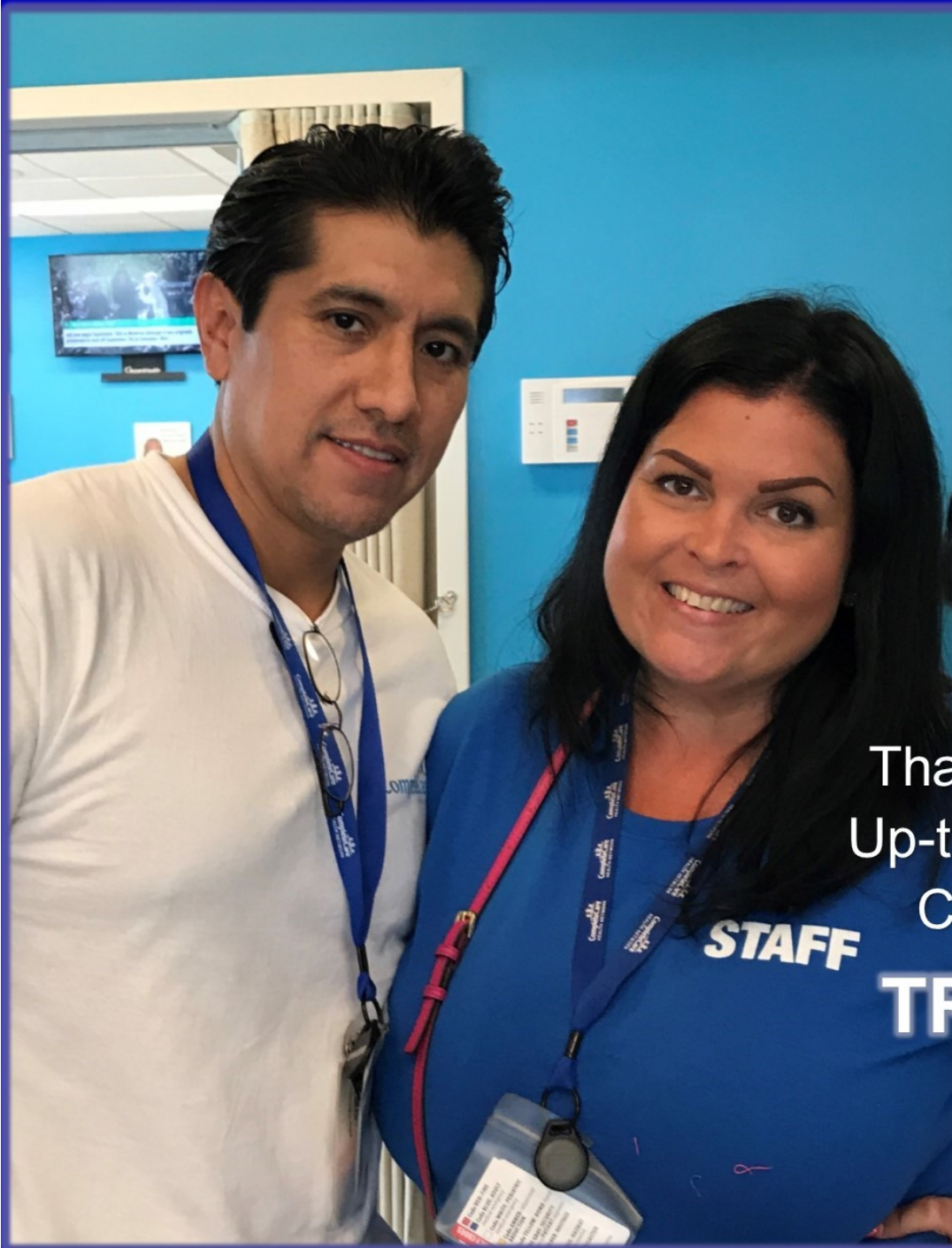


Monmouth Family Health Center's Andrea Duncan, Eric B. Chandler's Toby Russell, and Eric B. Chandler's Sandra Hill



NJPCA celebrated National Women's Health Month, by hosting the 13th Annual Women's Health Luncheon at the Mercer Oaks Country Club in Hamilton. The theme this year was "Mad Hatter Luncheon" based on the classic children's story, Alice in Wonderland. Guests were encouraged to wear their most outrageous hats to compete for prizes at the celebration. Surrounded by Alice in Wonderland legs that had gone down the rabbit hole, a "Which Way Where" sign, a melodic harpist, and flower laden tea pots, guests celebrated the importance of getting and staying healthy.

The guest of honor was Ms. Ernestine Shepherd, the Guinness World Records Winner of "Oldest Female Body Builder". Ms. Sheherd shared what inspires her to keep active and in shape now that she is in her eighties. In addition, Helen Dao of Dao Management Consulting Services and Breast Cancer Warrior Lisa Petrillo gave rousing speeches. Guests also competed in a jeopardy game customized by NJPCA to test participants' health knowledge focused on women's health.



That Brand-New,
Up-to-date Feeling
Comes From
TRAINING.

Training helps
your Center feel
more cutting
edge
everyday

To Learn more, contact Marwa Chebli
mchebli@njpca.org

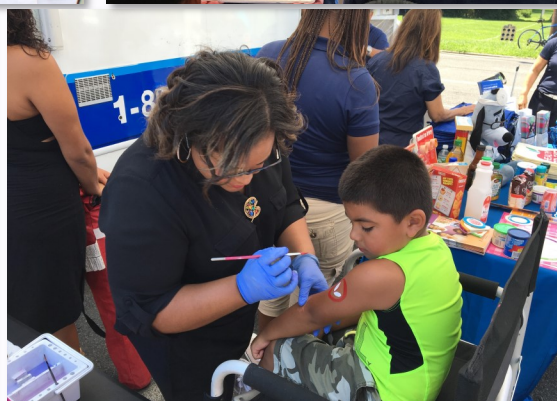
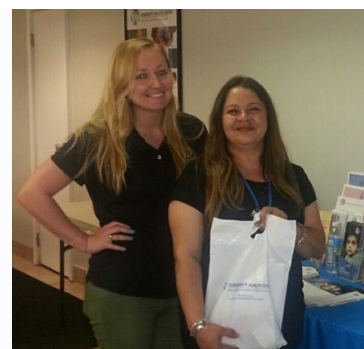
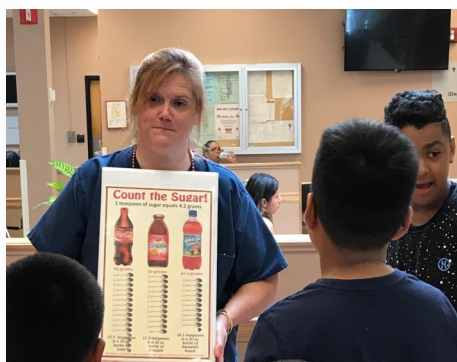




NATIONAL



CENTER





HEALTH



WEEK

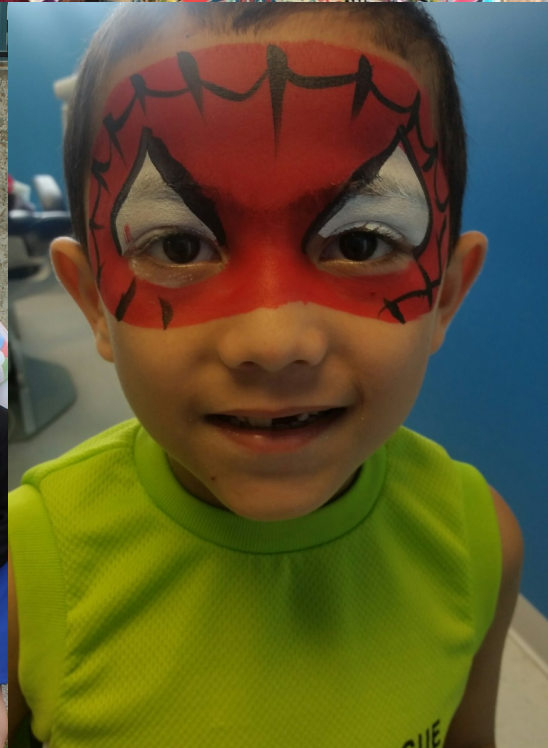


**“Our New Jersey health centers deliver high quality,
cost effective, accessible care while serving as
economic engines that help power local economies”**

-Joan Dublin









3RD FLOOR
NCHC
IRONBOUND
MEDICAL & DENTAL
CENTER
Adult Medicine
Medicina General
Pediatrics
Pediatria
Women's Health Services
Ginecologia
Behavioral Health
Salud Mental
Dentist
Dentista
Mondays - Fridays 9 AM - 5 PM
Saturdays 9 AM - 1 PM
972-241-1000

Keeping the New in Newark: Newark Community Opens New Site



2017 PREPARATION OF THE
UNIFORM DATA SYSTEM REPORT
TRAINING

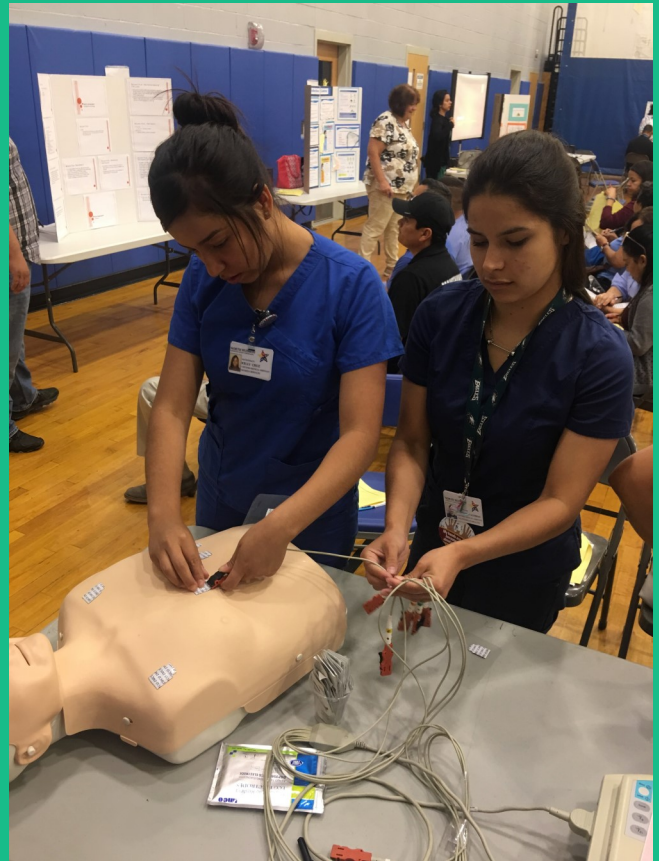
When: Wednesday, December 6, 2017

Where: Rider University Conference Center
Lawrenceville, NJ 08648

Time: 8:00 AM—4:30 PM

Strengthening Employees' Skills: North Hudson Hosts Special Training

North Hudson Community Action Corporation promotes their employees' professional potential by convening a three day event in Union City. Over 400 employees participated in the event that featured presentations and exercises to improve employee occupational skill, knowledge, and expertise. Participation and successful completion was rewarded by recognition and token awards



Zufall's Program Director Awarded for Support to Seniors

Zufall Health Center's Patient Navigator Monica McKenzie received the 2017 Lester Z. Lieberman Award for Humanism in Healthcare. The award, granted from the Healthcare Foundation of New Jersey, was given to Ms. McKenzie for her efforts in Zufall's Intensive Senior Support Services (ISS) program. Zufall's assistance program provides support for seniors who are at risk of losing their independent living status due to mental illness, substance abuse, dementia, homelessness, domestic violence, or other resistance to services.

JRF Receives Grant for Youth Program

The Jewish Renaissance Foundation (JRF) received a \$200,000 award for its “Emerging Leaders for a Healthier Community” program with the New Jersey Health Initiatives (NJHI). JRF’s Emerging Leaders for a Healthier Community (ELHC) project focuses on youth from Perth Amboy and provides them with leadership skills that they can utilize in service to their communities.

High School students will be fully immersed in a health education and service learning institute. Each student will develop a plan of action to address the state of health in Perth Amboy. After developing their action plans, these Emerging Leaders will spend the academic year putting their plans together to address a health issue in their community. They will execute their service plan during the summer of 2018.

“JRF’s vision is for a community where youth will be an integral part of the city-wide strategic plan in building a Culture of Health,” stated Alexandra Cross, JRF’s Chief Executive Officer. “We are honored to receive this grant award and to work with our youth and New Jersey Health Initiatives to build a Culture of Health in Perth Amboy.”

CompleteCare Breathes In Successful Asthma Program

Funded by the Horizon NJ Health Foundation, CompleteCare Health Network created their Breathe Better Asthma program in 2016 to help the children in their community manage their asthma. Offered to children ages 5-18 and their parents, they are offered classes that include counseling, support, and educational materials designed for children.

Within eight months of the program beginning, CompleteCare managed to lower asthma-related visits to local emergency rooms and hospitalizations.

“We knew asthma was a cause for concern among our pediatric patients,” said Dr. Jazmine Harris, Clinical Director of Pediatrics at CompleteCare Health Network. “We were excited to start the Breathe Better program at CompleteCare and see our patients learn from it and take control of an illness that can be scary and potentially life threatening.”

VNACJ Funded for Integrative Healthcare



COMMUNITY HEALTH CENTER

Visiting Nurse Association of Central Jersey

Visiting Nurse Association of Central Jersey (VNACJ) Community Health Center was awarded a \$225,000 grant from The Nicholson Foundation to implement the Cherokee Health Systems model that provides integrated behavioral health interventions in primary care settings.

The Cherokee Health Systems' model embeds a Behavioral Health Consultant within a primary care team so that patients' behavioral health issues

(which can also include substance abuse) can be addressed simultaneously with their physical health issues.

Through the grant, VNACJ receives training, technical assistance, and support for additional staff salaries. All healthcare providers will work as a team to provide integrated care for their patients.

Image Source: VNACJ

JRF Promotes Teens' Healthy Choices

Jewish Renaissance Foundation hosted their third annual Nobooza Palooza Teen Festival at Waters Stadium in Perth Amboy. By creating opportunities for high impact, teen-gearred activities, music, and interactive entertainment, the event engaged and connected local youth with a network of resources and services to promote healthy choices for socializing without the need of alcohol or drugs. JRF opened the event for all local middle school and high school students in their community.



Image Source: JRF

Did You Know?

In 2015, the National Survey on Drug Use and Health reported that 20% of youth aged 12 to 20 years drink alcohol and 13% reported binge drinking in the past 30 days.. Youth who start drinking before age 15 years are six times more likely to develop alcohol dependence or abuse later in life than those who begin drinking at or after age 21 years.

For More Information Visit

<https://www.cdc.gov/alcohol/fact-sheets/underage-drinking.htm>

Inside NJPCA



Integrating the Practice Transformation Network

The practice transformation network (PTN) coaching program is the result of a \$49.6 million award by the Centers for Medicare and Medicaid Services (CMS) to the New Jersey Innovation Institute (NJII). This CMS supported program titled “Garden Practice Transformation Network” at NJII is intended to prepare New Jersey physicians and other providers for a shift from the Fee-for-Service model to a more Value-based system of care. As a grantee of NJII under this program, NJPCA’s Practice Transformation Coaches work with participating FQHCs to deliver education, individualized coaching, best practices, and quality improvement training programs.

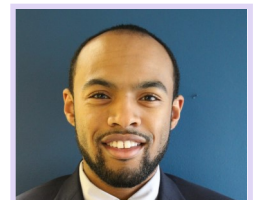
NJPCA currently has six FQHCs enrolled in the Practice Transformation Network (PTN) Coaching Program. The six centers are: North Hudson Community Action Health Cen-



ter, Project H.O.P.E. Inc., CAMcare Health Corporation, Metropolitan Family Health Center, Visiting Nurse Association of Central Jersey Community Health Center, and Ocean Health Initiatives, Inc.

In partnership with NJII, NJPCA hosted a Practice Transformation Network Workshop on August 22nd at the Chauncey Conference Center in Princeton. NJPCA’s PTN Coach, Yamini Shah and NJII’s Healthcare Transformation Manager, Benjamin Figueroa addressed how the PTN can further develop and help implement comprehensive quality care to the health centers. Additional speakers discussed population health management, empanelment (assigning patients to a primary care provider), and coordinating care for health systems.

Sean Matthews is a Program Assistant with NJPCA., and the Project Manager for NJPCA’s Practice Transformation Network (PTN) Coaching program.



Implementing NJPCA's Continuing Education System

NJPCA supports the achievement of continuing education requirements for **Community Health Center licensed professional staff** by applying to area organizations to provide accreditation for a select group of training programs. NJPCA is committed to keeping its finger on the pulse of important topics, and assisting with solutions to challenges that operational and clinical teams face. Given financial, social and regulatory influences, NJPCA consistently explores new ways to adapt and change how care is delivered.

Recently, NJPCA has renewed its commitment to assist the licensed professionals in its community by offering continuing education hours.

Here is an example: As a registered professional nurse, he or she must meet the State requirements as outlined by the Board of Nursing. This includes successful completion of an accredited program, achieving a satisfactory score on a credentialing exam, maintenance of licensing fees, and completing a required quantity of continuing education hours.

Continuing educational units are awarded by recognized professional organizations. There are rigorous standards that need to be met and there are different methods for achieving a status to award these credits. For example, in New Jersey, Continuing Nursing Education (CNE) for RNs is provided after a peer review and is calculated by the length of time of the offering. Organizations such as the New Jersey State Nurses Association are accredited by the American Nursing Credentialing Center (ANCC) as part of the American Nurses Association.

For NJPCA 's 2017 Annual Conference, *Level Up: Healthcare Change Ready*, dentists and dental hygienists who participate in the Dental workshop session will receive 1 Continuing Education, CE credit from the American Dental Association (ADA) Continuing Education Recognition Program (CERP). The Dental learning opportunity will last 1.5 hours provided by DentaQuest Institute on September 28, 2017.

In addition, a recent practice transformation workshop conducted in collaboration with the New Jersey Innovation Institute (NJII) provided continuing education units for physicians and nurses.

Lois J. Fantone, MSN, RN is the Director of Quality Improvement for New Jersey Primary Care Association. She is the liaison for the Medical and Dental, Nursing and QA/QI Directors Peer Groups.



There are 23 FQHCs/Health Centers in New Jersey providing healthcare services at 130 locations throughout the State.

Atlantic County	Phone
Atlanticare Health Services	609-344-5714
Southern Jersey Family Medical Center (SJFMC)	609-567-0200
Bergen County	
North Hudson Community Action Corporation Health Center (NHCACHC)	201-210-0100
Burlington County	
Southern Jersey Family Medical Center (SJFMC)	609-567-0200
Camden County	
CAMCare Health Corporation	856-583-2400
Project H.O.P.E	856-968-2320
Cape May County	
CompleteCare Health Network	856-451-4700
Cumberland County	
CompleteCare Health Network	856-451-4700
Essex County	
Jewish Renaissance Medical Center	732-376-9333
Mary Eliza Mahoney Health Centers	973-733-5300
Newark Community Health Centers, Inc.	973-483-1300
Zufall Health Center	973-328-3344
Rutgers Community Health Center	973-972-6000
Saint James Health Care	973-789-8111
Gloucester County	
CAMCare Health Corporation	856-583-2400
CompleteCare Health Network	856-451-4700
Hudson County	
Horizon Health Center	201-451-6300
Metropolitan Family Health Network	201-478-5800
North Hudson Community Action Corporation	201-210-0100
Hunterdon County	
Zufall Health Center	973-328-3344

Mercer County	Phone
Henry J. Austin	609-278-5900
Middlesex County	
Eric B. Chandler Health Center	732-235-6700
Jewish Renaissance Medical Center	732-376-9333
Jewish Renaissance Foundation	Coming soon
Monmouth County	
Monmouth Family Health Center	732-413-2030
Visiting Nurse Association of Central Jersey Community Health Center	732-774-6333
Morris County	
Zufall Health Center	973-328-3344
Ocean County	
Center for Health Education, Medicine & Dentistry (CHEMED)	732-364-2144
Ocean Health Initiatives	732-363-6655
Passaic County	
Paterson Community Health Center	973-790-6594
North Hudson Community Action Corporation	201-210-0100
Salem County	
Southern Jersey Family Medical Center (SJFMC)	609-567-0200
Somerset County	
Zufall Health Center	973-328-3344
Sussex County	
Neighborhood Health Services Corporation	908-753-6401
Zufall Health Center	973-328-3344
Union County	
Neighborhood Health Services Corporation	908-753-6401
Warren County	
Neighborhood Health Services Corporation	908-753-6401
Zufall Health Center	973-328-3324

Call the 24-hour New Jersey Family Health Line at 1-800-328-3838 to find services in your area.



New Jersey Primary Care Association
 3836 Quakerbridge Road, Hamilton, NJ 08619
 Tel: 609-689-9930 | Fax: 609-689-9940 | Web: www.njpca.org