



NJPCA Obesity Facts

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New Jersey and Around the Nation

- New Jersey's adult obesity rate was at 27.3% in 2017, ranking New Jersey as 41st in the nation compared to Connecticut at 42nd and New York at 45th
- West Virginia is ranked the most obese state in the nation with an adult body mass index of 38.1%
- Colorado is ranked at the bottom with adult body mass index of 22.6%¹

Health Center Patients and Obesity

- In 2017, health centers provided 477,992 overweight and obesity related visits regardless of patients' age
- In 2017, NJ health centers provided weight assessment and counseling services to 74.7% of patients between the ages of 3 and 17 years of age
- Over 72% of adult patients over the age of 18 received BMI screening and follow up at the health centers in 2017²

For more information on Physical Activity, Nutrition, and Obesity in New Jersey, please view the New Jersey Department of Health Fact Sheet here:

[https://www.nj.gov/health/nutrition/services-support/breastfeeding/Obesity%20Data%20Fact%20Sheet Dec2016 FINAL.PDF](https://www.nj.gov/health/nutrition/services-support/breastfeeding/Obesity%20Data%20Fact%20Sheet%20Dec2016%20FINAL.PDF)

¹ David M. Zimmer, *North Jersey Record*; published September 2018.

² 2017 UDS Data.